



JASLOK HOSPITAL
A lifetime of care

August 2026

PULSE

BY JASLOK HOSPITAL



LIVER FEST SEASON 2



FRONT ANNEX SOFT LAUNCH

OUR ACHIEVEMENTS

SPECIALTY	NATIONAL	WEST	MUMBAI
Cardiology	5 th	2 nd	2 nd
Nephrology	5 th	2 nd	2 nd
Pediatrics	5 th	2 nd	2 nd
Gastroenterology & Hepatology	7 th	2 nd	2 nd
Oncology	7 th	3 rd	3 rd
Neuro Sciences	10 th	3 rd	2 nd
Obs & Gynaecology	6 th	3 rd	3 rd

53+ Years Of Care, Compassion & Excellence

TIMES HEALTH SURVEY



UNVEILING OF FOUNDERS STATUES



53rd FOUNDATION DAY CME



L&T HEALTH MELA 2026



Vision

To be the hospital of choice, where scientific excellence and compassionate care transform health for every life we touch.



Mission

We advance health and healing by integrating world-class medical research, technology and people-centric care to deliver exceptional outcomes and experiences for all our patients.



Values

COMPASSION & EXCELLENCE

We care deeply striving for excellence in every interaction

CHARITY AND HUMANITY

We serve those in need with empathy and commitment

INNOVATION WITH PURPOSE

We foster innovation and research that improves people's lives

INTEGRITY

We uphold honesty, transparency and accountability in all that we do

RESPECT & DIGNITY

We honour and respect every individual

EXECUTIVE SUMMARY

Medical Excellence

- Breakthrough Medical Cases

Know Your New Consultants

Medical Education

- Scientific Programs (offline & online)

Clinical Indicators

Public Health Initiatives

- Community Outreach
- Jas-Health Series

53rd Foundation Day Celebration

Corporate Partnerships

- Corporate Strategic Engagements

Media Presence

- Jaslok in the News



JASLOK HOSPITAL PERFORMS INDIA'S FIRST 10-HOUR SURGERY FOR MASSIVE 20 CM DIAPHRAGMATIC HERNIA, RESTORING PATIENT'S BREATHING AND SAVING LIFE

- The case involved a 20 cm diaphragmatic defect with liver, stomach, and bowel displaced into the chest, requiring a staged abdominal and thoracic surgical approach.
- The patient required 9 days of ventilation and tracheostomy, followed by infection management and rehabilitation, eventually regaining mobility and walking without oxygen support before discharge.

In a remarkable display of surgical expertise, Doctors at Jaslok Hospital and Research Centre successfully performed a complex, high-risk procedure on a 32-year-old woman diagnosed with a rare giant right sided diaphragmatic hernia. The condition had led to the displacement of multiple abdominal organs into the chest cavity, resulting in critical compression of the right lung and a severe impact on her ability to breathe.

Mrs. Shaikh had been experiencing persistent breathlessness, which had progressively worsened to the point where even minimal movement became difficult. Her medical history revealed a traumatic injury at the age of 12, considered a likely contributing factor. Clinical evaluation, followed by advanced imaging, confirmed extensive herniation of the liver, stomach, duodenum and colon into the right side of the chest. This had caused a marked mediastinal shift along with significant compression of the right lung. Her morbid obesity further increased the complexity of the case.

Diaphragmatic hernias of this scale are extremely uncommon in adults and carry a high degree of surgical risk. In this instance, the diaphragmatic defect measured approximately 20 centimetres at its largest dimension. This allowed even the entire liver to migrate into the thoracic cavity, severely compromising respiratory function. There are very few cases, that is 173 documented in the world till date. In India this is the 1st operated case of Massive and giant diaphragmatic hernia of its kind in an adults with a defect of 20cms.

Given the extent of organ displacement and the prolonged duration of the condition, the case required meticulous planning and close coordination across specialties. A multidisciplinary team led by Dr. Vimesh Rajput, Consultant Thoracic Surgery and Dr. Nilesh Doctor, Director (Administration) Surgical Gastroenterology undertook the surgery.

Anaesthesia was managed by Dr. Mohit, Consultant Anaesthesiology intensive care was led by Dr. Shruti Tandon, Addl. Director Critical Care and physiotherapy support was provided by Dr Usha Kasare, Consultant Physiotherapy.

The procedure lasted nearly 10 hours. It was initially attempted laparoscopically but had to be converted to an open approach due to dense adhesions between the liver, diaphragm and lung. Through an abdominal approach, the surgical team carefully mobilized and repositioned the herniated organs back into the abdominal cavity. The diaphragmatic defect was kept open to be repaired via Thorax, while tight closure of the abdominal muscles was deliberately avoided to control intra-abdominal pressure and reduce the risk of abdominal compartment syndrome.



Dr. Mohit Rohra, Dr. Vimesh Rajput, Mrs. Shaikh,
Dr. Shruti Tandon, Dr. Usha

This was followed by a thoracic phase using video assisted thoracoscopic surgery, where the diaphragmatic hernia was repaired in two layers of Mesh to ensure structural stability.

The postoperative course remained critical and required prolonged intensive care support. The patient was on mechanical ventilation for 9 days and subsequently underwent a tracheostomy. Her recovery involved the management of pneumothorax and Respiratory care, which required advanced antibiotic therapy. Gradual respiratory rehabilitation along with nutritional support played a crucial role in stabilizing her condition and supporting recovery.

JASLOK HOSPITAL LAUNCH CLINICAL STUDY TO ENABLE AI-BASED PREDICTION OF PARKINSON'S FREEZING EPISODES

- The system will analyse routine walking videos using computer vision and machine learning to detect gait changes and predict risk and timing of Freezing of Gait without wearables or high cost diagnostics.
- The work will follow two phases, starting with retrospective model training on clinical data and archived videos, followed by prospective validation in a larger cohort over long-term follow-up.

Jaslok Hospital & Research Centre, Mumbai, has launched a pioneering artificial intelligence project aimed at predicting Freezing of Gait (FOG) in Parkinson's disease. The initiative, spearheaded by Dr. Paresh Doshi, Director of Neurosurgery at Jaslok Hospital and will be joined by globally recognised expert in functional neurosurgery, from the Brain Research Initiative, Paris, France, Dr. Carine Karachi. The project will be formally introduced on World Parkinson's Day.

Parkinson's disease is the second most common neurodegenerative disorder worldwide, and its prevalence is rising in India, highlighting the growing need for earlier and more precise intervention tools. In this context, the project sits at the intersection of neuroscience and artificial intelligence and focuses on developing a scalable and cost-efficient digital tool for early identification of risk in Freezing of Gait, one of its most disabling complications.

Patients often experience a sudden inability to initiate or continue walking, describing the sensation as if their feet are "glued to the floor." This leads to frequent falls, injuries, progressive loss of independence and a significant caregiver burden, **affecting up to 80% of patients with advanced Parkinson's disease.** Despite this high prevalence and impact, no definitive treatment is currently available.

Although emerging research suggests that structured motor and cognitive training may delay onset, clinical practice still lacks reliable tools to identify individuals at risk or to determine when the condition may emerge. Most existing predictive approaches rely on clinical scoring systems, imaging biomarkers or biochemical tests, which are often expensive, resource-intensive and largely confined to specialised research settings. Besides none of the tool can definitely predict at individual level if one would develop freezing of gait in the course of disease.

The proposed AI-based system under this collaboration addresses this gap by introducing a dual approach that estimates



Dr. Devishree Thakkar, Mr. Bhavesh Phopharia,
Mr. Jitendra Haryan, Dr Paresh Doshi, Dr. Milind Khadke,



likelihood of FOG and its probable time to FOG, enabling earlier clinical intervention and more targeted preventive planning. **The unique aspect of time to FOG is being explored for the first time. This has been possible due availability of longitudinal clinical and video data over 25 years of more than 750 patients who have undergone DBS surgery at Jaslok Hospital and Research Centre.** The system is designed around a simple yet highly scalable framework that analyses routine video recordings of a patient's walking pattern. It will use computer vision and machine learning

techniques to identify subtle changes in gait and body coordination that may signal early vulnerability to freezing episodes. Since the approach does not rely on specialised wearable devices or high-cost diagnostic infrastructure, it is intended for deployment across hospitals, outpatient clinics and telemedicine platforms, including resource-limited settings.

To ensure clinical robustness, the research has been structured in two distinct phases. The first phase focuses on model development using retrospective clinical data and video recordings from more than 150 Parkinson's patients who developed Freezing of Gait during long-term follow-up. The second phase will validate the model prospectively in a cohort of 337 patients followed over a period of up to three years.

The long-term objective of this initiative is to develop an open-access and user-friendly AI application that enables clinicians to identify at-risk patients early, estimate likely onset timelines, introduce preventive interventions at the right stage, and ultimately reduce falls, disability and overall disease burden while improving quality of life for patients and caregivers.

Collaboration:

Dr. Carine Karachi and her team, who are the world leaders in research on FOG, have shown significant interest in collaborating with Dr. Paresh Doshi and Jaslok Hospital. As of today, their grant application to CEFIPRA, a joint funding agency between India and France, is under review.

This project reflects our vision of combining clinical excellence with responsible innovation to directly improve patient outcomes and the quality of care."By combining clinical neuroscience, artificial intelligence and accessible video-based analysis, the initiative represents a significant step toward transforming how Parkinson's disease complications are anticipated and managed in India and globally.

JASLOK HOSPITAL & RESEARCH CENTRE PERFORMS RARE ROBOTIC TRANS-ANAL MINIMALLY INVASIVE SURGERY (TAMIS) FOR EARLY RECTAL CANCER

75-year-old frail patient with multiple comorbidities successfully treated without abdominal surgery, rectal removal, or permanent stoma

Jaslok Hospital & Research Centre has successfully performed a Robotic Trans-Anal Minimally Invasive Surgery (TAMIS) for a 75-year-old patient Mr. JM was diagnosed with a large rectal polyp that was later confirmed to contain early-stage rectal cancer. The advanced robotic procedure enabled complete removal of the cancerous growth without the need for major abdominal surgery, removal of the rectum, or a permanent stoma, offering the patient a quicker recovery and improved quality of life.

The patient initially presented with bleeding in the stools and was subsequently diagnosed with a large rectal polyp measuring approximately 4-5 cm in diameter during a colonoscopy. While the biopsy suggested an adenoma, a pre-cancerous lesion, the size and nature of the growth raised concerns about the possibility of an underlying cancer within

Breakthrough Medical Cases

Further investigations, including an MRI, showed no evidence of disease spreading outside the rectum. An Endoscopic Ultrasound performed by **Dr. Samit Jain, Consultant Gastroenterology at Jaslok Hospital** revealed superficial invasion into the rectal wall, indicating the presence of early-stage cancer while confirming that the disease remained localized.

Conventionally, patients with such lesions often require major abdominal surgery involving the removal of part or all of the rectum. In several cases, this can result in the need for a stoma – a surgically created opening in the abdomen that allows waste to be collected externally in a bag. However, considering the patient's advanced age, frailty, and multiple comorbidities, including diabetes, heart disease, and liver disease, traditional surgery posed significant risks.

After careful evaluation, the multidisciplinary team at Jaslok Hospital opted for a Robotic Trans-Anal Minimally Invasive Surgery (TAMIS) approach using the Da Vinci Surgical Robot. The procedure enabled surgeons to remove the entire lesion through the natural anal opening, eliminating the need for abdominal incisions while preserving normal bowel function.

The robotic platform provided enhanced visualization, magnification, and surgical precision, allowing complete full-thickness removal of the tumour with clear margins. The patient experienced an uneventful recovery, was discharged within two days, and resumed normal activities shortly thereafter.

The final pathology report confirmed the presence of early-stage rectal cancer within the polyp. Importantly, all margins were clear, indicating complete removal of the disease. More than eight months after surgery, the patient remains cancer-free with no evidence of recurrence and continues to undergo regular follow-up assessments. The surgery was led by Dr. Chintamani Godbole, Consultant GI Surgery & Robotic Colorectal Surgery and supported by Dr. Parnasha, Junior Consultant & the team of anaesthesiologists.

Robotic TAMIS represents a significant advancement in the treatment of selected rectal cancers and complex rectal polyps. In elderly and medically fragile patients, conventional surgery can carry substantial risks and may significantly impact quality of life. The robotic platform provides superior precision and visualization, allowing to achieve complete tumour removal while preserving organ function and avoiding major surgery. This case highlights how advanced technology can help deliver effective cancer treatment with faster recovery and better patient outcomes.

This successful outcome further reinforces the growing role of robotic-assisted surgery in colorectal cancer management and demonstrates how innovative treatment approaches can help patients achieve excellent clinical outcomes while minimizing surgical trauma and recovery time.



Dr. Samit Jain, Dr. Chintamani Godbole, Dr. Parnasha Chemburkar

FROM MISDIAGNOSIS IN OMAN TO RECOVERY IN MUMBAI: 16-KGS WEIGHT GAIN, DIABETES, HIGH BLOOD PRESSURE, AND SPINE FRACTURE AT JUST 27 LEAD TO RARE PITUITARY TUMOUR DIAGNOSIS IN OMAN WOMAN AT JASLOK HOSPITAL

A multidisciplinary team at Jaslok Hospital & Research Centre diagnoses and treats a rare case of Cushing's disease through minimally invasive pituitary surgery, helping a 27-year-old woman from Oman regain her health.

A 27-year-old woman, Shahad Siraini from Oman, whose health rapidly deteriorated due to a rare hormonal disorder, found a new lease on life after undergoing advanced minimally invasive surgery at Jaslok Hospital & Research Centre, Mumbai.

What initially appeared to be unexplained weight gain soon escalated into a complex medical condition. Within three months, she gained nearly 16 kilograms and developed diabetes, hypertension, swelling across her body, purple stretch marks, acne, hair loss, excessive facial hair growth, irregular menstrual cycles, persistent fatigue, and muscle weakness.

The turning point came when she suffered severe back pain, with investigations revealing a D12 vertebral compression fracture - an unusual finding in an otherwise healthy young adult. Although each condition was treated separately, the underlying cause remained unidentified until a comprehensive endocrine evaluation diagnosed Cushing's disease, a rare disorder caused by an Adrenocorticotrophic hormone (ACTH) secreting pituitary tumour leading to excessive cortisol production. Recognising the complexity of her condition, the patient travelled to Jaslok Hospital & Research Centre, where a multidisciplinary pituitary team successfully managed her case.

On 1st July 2026, she underwent a **minimally invasive endoscopic endonasal pituitary surgery**, a specialised procedure performed entirely through the nasal passage without any external incision. On the scan the tumour looked small, but at surgery it was almost double that size. With these functional, hormone-producing tumours, removing part of it is not enough – the entire tumour has to come out, while preserving the healthy gland around it. Working through the nose with an endoscope, with no external incision, it was removed in full, giving the patient the best chance of hormonal recovery and lasting remission.

The surgery was led by **Dr. Raghvendra Ramdasi, Consultant - Skull Base Neurosurgeon** along with **Dr. Rakesh Katna, Consultant ENT Skull Base Surgery**. Anaesthetic care was provided by **Dr. Saavi Kapila, Neuroanesthesiologist**, while endocrine management was overseen by **Dr. Shaival Chandalia, Consultant Endocrinology**. Her spinal fracture was evaluated by **Dr. Manish Kothari, Consultant Spine Surgery**, and her diabetes, hypertension, and other systemic complications were managed by **Dr. Indraneel Raut, Addl. Director Critical Care**.



Dr. Savi Kapila, Dr. Shaival Chandalia, Dr. Raghvendra Ramdasi,

The surgery yielded encouraging early results. Her serum cortisol levels reduced dramatically from **1432 µg/dL (11 June 2026)** to **0.752 µg/dL (7 July 2026)**, and she had her menstrual cycle after four months, indicating successful biochemical remission following removal of the tumour. Doctors expect her diabetes, blood pressure, bone health, hormonal balance, and overall quality of life to improve progressively as cortisol levels normalize.

Although Cushing's disease is uncommon and only a limited number of cases have been reported in Oman, this successful treatment highlights the importance of recognising the condition early and the value of specialised multidisciplinary care. As the young woman returns home to continue her recovery, her journey stands as a reminder that seemingly unrelated symptoms can often point to a single underlying disorder—and that timely diagnosis can be life-changing.

JASLOK HOSPITAL SUCCESSFULLY REMOVES RARE BRAIN-ORBIT TUMOUR IN PREGNANT WOMAN, ENSURING SAFETY OF BOTH MOTHER AND CHILD

Multidisciplinary team successfully performs complex neurosurgery during pregnancy, with both mother and baby remaining healthy and disease-free more than 18 months later

In a remarkable case highlighting the importance of timely diagnosis, multidisciplinary care, and advanced surgical expertise, specialists at Jaslok Hospital & Research Centre successfully treated a 24-year-old pregnant woman diagnosed with a rare tumour involving the eye socket and extending into the brain.

The patient presented with rapidly increasing swelling of the right eye along with double vision, particularly while looking towards the right side. At the time of presentation, she was 28 weeks (7 months) pregnant. Following an initial consultation and MRI scan, she was referred to Jaslok Hospital for further evaluation.

Upon assessment, Dr. Sudheer Ambekar, Consultant Neurosurgery, Jaslok Hospital & Research Centre, identified a tumour involving the orbit, eroding the roof of the orbit, and extending into the intracranial compartment. Based on imaging findings, there were concerns that the tumour could be aggressive and potentially malignant.

Given the patient's pregnancy, a multidisciplinary team was immediately formed, including , **Dr. Sudheer Ambekar, Consultant Neurosurgery** , **Dr. Shilpa Agarwal, Consultant Obstetrics & Gynaecology**, and **Dr. Rajashree Deopujari, Consultant Neuroanesthesiology**. The team carefully evaluated all available options, including delaying treatment until after delivery or proceeding with surgery during pregnancy.

As the patient was in her second trimester, considered the safest period for necessary surgical interventions during pregnancy, the team decided to proceed with surgery after carefully weighing the risks and benefits. Extensive planning was undertaken to ensure the safety and well-being of both mother and baby throughout the procedure.



Dr. Shilpa Agarwal, Dr. Sudheer Ambekar

Breakthrough Medical Cases

The surgery was successfully performed in July 2024. The tumour was completely removed from both the orbit and the intracranial compartment. Throughout the surgery, the fetus was continuously monitored, while specialized anaesthetic protocols ensured there was no adverse impact on the unborn child.

The patient recovered well following the surgery, and the pregnancy progressed without complications. Subsequent biopsy results brought welcome news, the tumour was identified as a benign capillary hemangioma, an extremely rare diagnosis in this location, with only a handful of similar cases reported in medical literature worldwide.

Given the rarity of the condition and the possibility of recurrence, the patient remained under close follow-up for more than 18 months. She continues to remain disease-free, with no evidence of recurrence, and both mother and child are healthy and doing well.

This case serves as a powerful reminder of the importance of early diagnosis, timely intervention, and collaborative medical expertise in addressing complex neurological conditions, particularly during pregnancy.



Know Your New Consultants

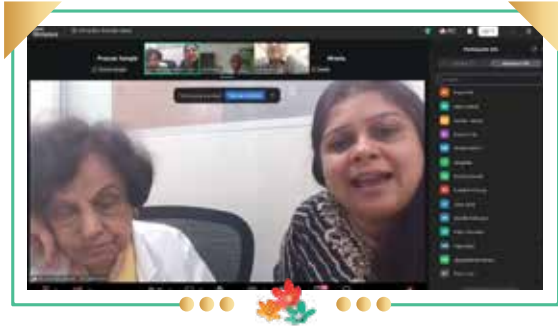


  Paediatrics Dr. Varshil Shah	  Cardiology Dr. Nilay Kanti Patel	  Cardiology Dr. Hussain Bangi	  Cardiology Dr. Divyen M Kothia
  Plastic & Aesthetic Surgery Dr. Aditya H Vora	  Cardiac Anesthesia Dr. Vasudeo Utpat	  Cardiac Anesthesia Dr. Sandip Katkade	  Anaesthesiology Dr. Mrudula Kudtarkar
  Hon. Consultant Dr. Sushil Ramesh Nehete	  Gastroenterology Dr. Shankar Zanwar	  Part time Physician Dr. Makarand Anil Rane	  Neurology Dementia Specialist Dr. Aditya C Aundhakar
	  Cosmetology Dr. Behroze M Deputy	  Rheumatology Dr. Sushant S. Shinde	

Scientific Programs

Doctors addressed via scientific programs - webinars - 1000+

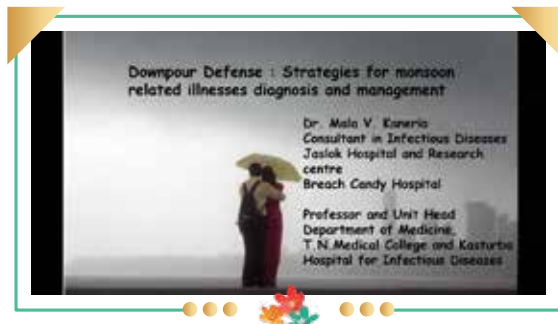
GPA Webinar - Dr. G.N.Mansukhani and Dr. Nidhi Shah (Total Attendees- 80)



D Ward CME Annual - Dr. Manish Kothari at Krishna Palace Topic- Recent Advance in Spine Surgery (300 + Attendees)



GPA Webinar - Dr Mala Kaneria (Total Attendees- 80)



GPA Webinar - Dr. Nihar Mehta (Total Attendees- 100)



Clinical Indicators



Catheter associated Urinary tract infection rate (ICU) Benchmark : 2.91/1000 Catheter Days INICC : 3.16

	Apr'26	May'26	Jun'26
No. of urinary catheter associated UTIs	1	0	0
No. of urinary catheter days	733	789	651
Outcome (/1000)	1.36	0	0

Catheter associated Urinary tract infection rate (Wards) Benchmark : 4.2/1000 Catheter Days

	Apr'26	May'26	Jun'26
No. of urinary catheter associated UTIs	1	0	2
No. of urinary catheter days	678	701	730
Outcome (/1000)	1.47	0	2.74

Ventilator associated Pneumonia rate Benchmark: 5/1000 Ventilator Days INICC – 11.96

	Apr'26	May'26	Jun'26
No. of urinary catheter associated UTIs	0	0	0
No. of urinary catheter days	311	322	221
Outcome (/1000)	0%	0	0

Central line – associated Blood stream infection rate – ICU Benchmark : 2.79/1000 Central Line Days INICC : 4.82

	Apr'26	May'26	Jun'26
No. of urinary catheter associated UTIs	0	0	0
No. of urinary catheter days	780	840	675
Outcome (/1000)	0	0	0

Central line – associated Blood stream infection rate – Ward Benchmark : 2.79/1000 Central Line Days INICC : 4.55

	Apr'26	May'26	Jun'26
No. of urinary catheter associated UTIs	0	0	0
No. of urinary catheter days	889	812	901
Outcome (/1000)	0	0	0

Surgical site infection rate Benchmark: 1% INICC – 2.21%

	Apr'26	May'26	Jun'26
No. of urinary catheter associated UTIs	4	0	1
No. of urinary catheter days	593	552	534
Outcome (/1000)	0.67%	0	0.19

Community Outreach

Addressed population of 2000 via Community programs

Health Check Up -
ABM Knowledgeware Ltd



Health Check up -
Vivaria Society, Jacob Circle



CPR Session - Anant Hall Bhuleshwar



Health Check Up - Anant Hall Bhuleshwar



Health Check up - Bramhan Seva Mandala Sabhagruh



Community Outreach

Addressed population of 2000 via Community programs

Picnic (Senior Citizens) - Vasai



Health Check up - Godrej Baug, Malabar Hill



Health Check up - Young Maharashtra Krida Mandal



Health Check up - Botawalla Building, 2/12 Horniman



Community Outreach

Addressed population of 2000 via Community programs

Health Check up - Jalkiran Society Cuffe Parade



Health Check up - Jeshtaram Baug, Dr. Babasaheb Ambedkar Marg, Khodadad Circle, Dadar T.T. (East)



Blood Donation - Kotak Bank BKC



Health Check up - Malabar View, Marine Drive



Community Outreach

Addressed population of 2000 via Community programs

Garden activity - Nana Nani Park, Girgaon



Health Check up - Palm Springs Society Cuffe Parade



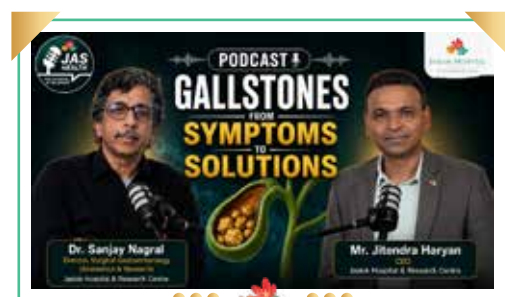
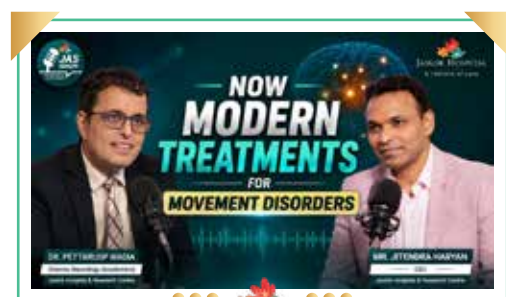
CPR Session - Rajendra Suri Seva Mandal Trust



Health Check up - Bharat Nagar Co-op Society, Grant Road, Shivtirth Mandal, Cuffe Parade



Episodes Featured in April, May, June & July 2026



Soft Launch of Front Annex & Unveiling of Founders' Statues



53rd Foundation Day CME



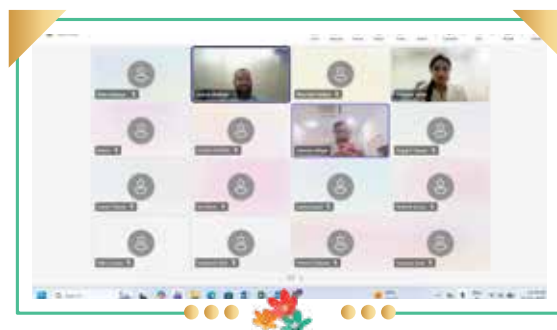
Corporate Strategic Engagements

Addressed population of 2500 via Corporate programs

Health Mela - L&T



Webinar - Understanding Cancer Markers by Dr. Jeyhan Dhabhar



BMD Camp - Mahindra & Mahindra



Health Camp - ABM Knowledgeware Ltd



Corporate Strategic Engagements

Addressed population of 2500 via Corporate programs

Health Camp - OLM Entertainment Pvt. Ltd



Health Talk - NPCIL



Health Talk & Webinar - Airports Authority of India



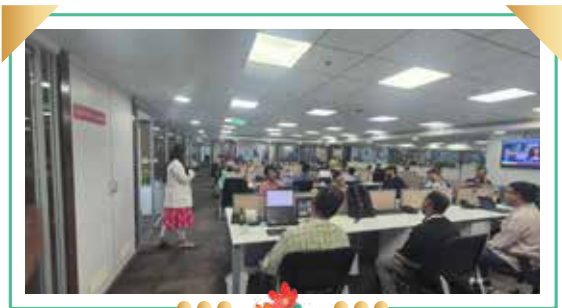
Health Camp - Vodafone Idea Ltd



Corporate Strategic Engagements

Addressed population of 2500 via Corporate programs

Physiotherapy Session - Edelweiss House



QCM - HPCL



FORTUNE

We are not looking at healthcare for making profits, says Jaslok Hospital Chairman Vinod P. Chanrai

P B Jayakumar

May 28, 2026, 15:01 IST / 7 min read

Summarise

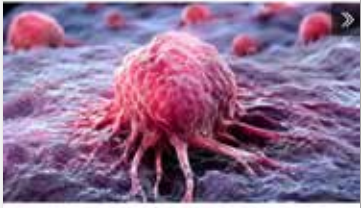
For our family, it is deeply important that Jaslok continues to uphold its identity as a charitable trust, staying true to the values on which it was established, says the chairman.



TIMESNOW

Latest India World Entertainment Sports Business

When people think of cancer, diseases such as breast, lung, or colon cancer often come to mind. However, sarcoma - a rare cancer that develops in the body's connective tissues—is often overlooked despite its potentially serious consequences.



Sarcoma: The Rare Cancer That Often Begins as a Painless Lump

msn

The gut-brain axis: How diet may influence Parkinson's disease

Story by Health and Me • 1m



world parkinson's day 2026 the gut-brain axis: how diet may influence parkinson's disease

Parkinson's Disease is traditionally characterized by motor symptoms such as tremor and dyskinesia, although non-motor symptoms, in particular gastrointestinal (GI) symptoms such as constipation and incomplete emptying, are often the first markers of the disease and may precede the motor symptoms by years.

healthshots

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Neurologist explains the real causes of ASD and why it is not a "broken" brain

Autism is not caused by a single factor, it is a complex mix of genetics, brain development, and early environment. A neurologist explains what really shapes autism.

Written by: Aayushi Gupta

Published On: 2 Apr 2026, 02:30 pm IST

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लोकसत्ता

संपादक

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Marathi News / Mumbai / AI Technology Parkinson's Disease

एआयच्या साहाय्याने पार्किन्सनचे निदान सोपे करणार; चालण्यात अडथळा येण्यापूर्वीच मिळणार इशारा

पार्किन्सन आजवरचा ज्ञात असलेला असलेल्या सुमारे ८० टक्के रुग्णांना 'फ्रीझिंग ऑफ गेट'चा त्रास होतो. यामध्ये चालताना अचानक पांश अडिगीतला पिकटल्यासारखे वाटतात अशी इशारात काळी कळीत होतो.

Written by: लोकसत्ता टीम

Updated: April 10, 2026 20:38 IST



BioSpectrum

23



Jaslok Hospital & Research Centre, Mumbai, has launched a pioneering artificial intelligence (AI) project aimed at predicting Freezing of Gait (FOG) in Parkinson's disease.

Patients often experience a sudden inability to initiate or continue walking, describing the sensation as if their feet are "glued to the floor." This leads to frequent falls, injuries, progressive loss of independence and a significant caregiver burden, affecting up to 80% of patients with advanced Parkinson's disease. Despite this high prevalence and impact, no definitive treatment is currently available.

Although emerging research suggests that structured motor and cognitive training may delay onset, clinical practice still lacks reliable tools to identify individuals at

FORTUNE

Jaslok Hospital's ₹400-crore makeover: Mumbai's iconic charitable hospital renews itself without shutting down

P B Jayakumar

May 23, 2026, 15:22 IST / 2 min read

Summarise Share

The 350-bed hospital, founded by businessman-

TIMESNOW

Latest Entertainment India Sports Business World Life

Hantavirus vs COVID-19: One Deadlier, One More Contagious - Experts Explain

Authored by: Ashima Sharda Mahindra

Updated May 6, 2026, 12:45 IST

POWERED BY Healthandme

Hantavirus is deadlier but rare and rodent-borne, while COVID-19 spreads easily between humans, causing widespread global impact despite lower fatality rates.

Follow Select Times Now

Numa notável demonstração de perícia cirúrgica, os médicos de um hospital de Mumbai realizaram com sucesso um procedimento complexo e de alto risco numa mulher de 32 anos diagnosticada com uma rara hérnia diafragmática gigante do lado direito.

A condição levou ao deslocamento de múltiplos órgãos abdominais para a cavidade torácica, resultando em compressão crítica do pulmão direito e em grave impacto em sua capacidade de respirar.

A mulher vinha apresentando falta de ar persistente, que piorou progressivamente a ponto de dificultar até mesmo os mínimos movimentos. Seu histórico médico revelou uma lesão traumática aos 12 anos, considerada um provável fator contribuinte.

A avaliação clínica, seguida de exames de imagem avançados, confirmou extensa herniação do fígado, estômago, duodeno e cólon para o lado direito do tórax. Isto causou um desvio mediastinal acentuado juntamente com compressão significativa do pulmão direito. Sua obesidade mórbida aumentou ainda mais a complexidade do caso.

HealthSite.com

LATEST NEWS DISEASES DIET & FITNESS PREH



Protein and carbs of eating right away after a workout. (Image: AI Generated)

Often after a great training session the first thing people want is a protein drink, a banana or a filling meal to make them feel better and repair muscles quickly. But the question remains whether it is beneficial for the body to eat right after exercise? According to **MS Sonal Chandalla**, Consultant Nutritionist, **Jaslok Hospital and Research Centre** it

Onlymyhealth

DISEASES DIET & FITNESS SMOODINGS MENTAL HEALTH PROGRAM

From A Doctor

In most Indian households, incense sticks are an integral part of prayers. Growing up, all of us must have seen our elders using them, but lately, concerns regarding lung health risk due to incense sticks have been on the rise. Let's check with a doctor whether these are safe.

Written By: **Chaitanya Sangar**
published on May 20, 2026 15:08 IST



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A major shift is taking place in women's health as global experts propose changing the name of Polycystic Ovary Syndrome to Polyendocrine Metabolic Ovarian Syndrome, or PMOS. According to experts, the move aims to better reflect the true complexity of the condition, which affects an estimated 170 million women worldwide and is often misunderstood, underdiagnosed, and poorly managed.



The Indian EXPRESS

What are the potential risks of taking high-dose vitamin D supplements for an extended period of time?

Vitamin D is also called the Sunshine Vitamin, as it is available in abundance in sunlight.

By: **Lifestyle Desk**

5 min read New Delhi Updated: Apr 21, 2026 09:36 AM IST



Levels of Vitamin D more than 100-150 mg/ mL are considered as hazardous to the body (Image: Freepik)

'पार्किंसन' के गंभीर लक्षण FOG की पहले ही हो सकेगी पहचान!



आजकल इलैक्ट्रॉनिक के नए नए डिवाइस की टीम एवं शोधकर्ताओं ने 77% की दर से FOG की पहचान करने में सफलता हासिल की है। यह एक बड़ा कदम है, क्योंकि FOG एक गंभीर लक्षण है, जो पार्किंसन के रोग के लोगों को बहुत बुरा महसूस करता है।

डॉ. पार्श्व दशगुप्ता, जसलोक हॉस्पिटल और रिसर्च सेंटर के निदेशक, ने बताया कि FOG पार्किंसन के रोग के लोगों को बहुत बुरा महसूस करता है, जो एक गंभीर लक्षण है, जो पार्किंसन के रोग के लोगों को बहुत बुरा महसूस करता है।

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reported annually. Experts believe the deadly disease, which remains one of the most serious mosquito-borne infections, particularly in countries like India, thrives more since climate conditions favour mosquito breeding.



Malaria Prevention: From Awareness to Action Against Deadly Disease (Pic: AI generated)

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By ऑनलाइन लोकमत | Updated: April 11, 2026 06:24 IST

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TOI The Times of India

The air you breathe daily could be triggering asthma without you knowing

Story by Aadya Jha • 2w

Step outside on a winter morning in Delhi, and the haze feels almost familiar. It sits quietly in the background, yet inside the body, it is anything but quiet. Tiny particles travel deep into the lungs, settle there, and begin a slow chain reaction. Over time, that invisible exposure starts to show up as breathlessness, wheezing, or a cough that refuses to leave.

1:56

Posted at: Apr 10 2026 6:36PM

Maha: Jaslok Hospital launches clinical study to enable AI-based prediction of Parkinson's freezing episodes

Mumbai, Apr 10 (UNI) City-based Jaslok Hospital & Research Centre, one of the biggest multidisciplinary hospitals in the country, has launched a pioneering artificial intelligence project aimed at predicting Freezing of Gait (FOG) in Parkinson's disease. The initiative, spearheaded by Dr. Paresh Doshi, Director of Neurosurgery at Jaslok Hospital and will be joined by globally recognised expert in functional neurosurgery, from the Brain Research Initiative, Paris, France, Dr. Carine Karachi. The project will be formally introduced on World Parkinson's Day.

Addressing a press conference here, Dr Doshi said, "Parkinson's disease is steadily increasing in India, placing greater pressure on already stretched neurological care systems where early motor changes are often under-recognised in routine practice. This collaboration is significant because it reflects a step toward strengthening how such changes are identified

Hindustan Times

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Gynaecologist Dr Shilpa Agarwal reveals why it is harder to lose lower-body fat in women, shares how to manage it

Pear-shaped vs apple-shaped body type, know which lower-body fat pattern is more harmful for you.

Updated on: Jul 9, 2026, 11:29:30 IST
By **Adrija Dey**

Prefer HT on Google

Jaslok in the News

TIMES NOW

Latest India World Entertainment Sports Business

Managing diabetes often means multiple daily medications and, for many patients, daily insulin injections. A new treatment option may soon make that routine much simpler. Awigil, also known as insulin icodex 0 the world's first once-weekly basal insulin, has been launched in India by Novo Nordisk, offering eligible people with diabetes the convenience of just one insulin injection every week instead of seven.



Healthworld.com

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Industry • 2 Min Read

Docs developing AI tool to predict gait freezing in Parkinson's patients

City doctors are creating an AI tool to predict freezing of gait in Parkinson's patients. This common symptom can lead to falls and loss of independence. The tool will analyze patient videos to detect early signs. It aims to help doctors plan treatment better and reduce disability. The project is expected to be completed in two years.

देश शॉर्ट न्यूज़ राजकारण महाराष्ट्र मुंबई पुणे नागपूर

Jaslok Hospital : इवास घेणंही झालं कठीण; प्रचंड हर्नियाग्रस्त महिलेवर यशस्वी शस्त्रक्रिया करून दिलं नवजीवन

मुंबईतील जसलोक हॉस्पिटल अँड रिसर्च सेंटरने ३२ वर्षीय महिलांवर अत्यंत दुर्मिळ आणि गुंतागुंतीची हयप्रणालीक हर्नियाची शस्त्रक्रिया यशस्वीरित्या चार पाडली.

By श्रेया झवेरी Updated On: May 13, 2026 | 07:13 PM



Pharma.com

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Novo Nordisk Readies Once-Weekly Insulin Shot for Indian Market

India has approved Awigil for adults with both Type 1 and 2 diabetes, broader than the current US approval, which is only for use in Type 2 diabetes patients.

Rica Bhattacharyya & Vikas Dandekar • ET Bureau
Updated On: Jul 9, 2026 at 08:02 AM IST

BBC

NEWS मराठी

बातम्या | पहा

महाराष्ट्र भारत आंतरराष्ट्रीय हवामान आरोग्य सोयी शोध लेखी

डायलिसिसची वेळ का येते? किडनीच्या आजाराची लक्षणां दिसेपर्यंत उशीर का झालेला असतो?



mid-day

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World Chocolate Day 2026: Is eating chocolate good for you? Mumbai health experts explain

Updated On: 17 July 2026 09:13 PM IST | Mumbai | News/Entertainment

As people observe World Chocolate Day, Mumbai health experts say too much chocolate is not good

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The Indian EXPRESS

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Madhuri Dixit inspires with ring hanging knee raises; expert explains core benefits

Keep breathing steady and exhale as you raise the knees. Maintain slow, controlled reps for maximum benefit.

By Lifestyle Desk
4 min read New Delhi Updated: Jul 5, 2026 10:58 AM IST



Here's how Madhuri Dixit Nene stays fit and toned. (Source: Instagram/@madhuridixitnene)

नवराष्ट्र

देश शॉर्ट न्यूज़ राजकारण महाराष्ट्र मुंबई पुणे नागपूर

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Fatty liver: फॅटी लिव्हरबाबत जनजागृतीसाठी जसलोक हॉस्पिटलचा पुढाकार; 'लिव्हर फेस्ट सीझन 2' चे आयोजन

Jaslok Hospital Organized Liver Fest Season 2: जसलोक हॉस्पिटल अँड रिसर्च सेंटरने फॅटी लिव्हर आजाराबाबत जनजागृती वाढवण्यासाठी 'लिव्हर फेस्ट सीझन 2' चे यशस्वी आयोजन केले, ज्यात प्रतिबंधात्मक आरोग्य सेवा आणि शिक्षणावर भर देण्यात आला. या उपक्रमात तज्ज्ञांचे मार्गदर्शन, रुग्णांचे अनुभव आणि संवादात्मक सर्वांद्वारे उपस्थितांना यकृत आरोग्य

By श्रिया मुदिशेकर Updated On: Jul 02, 2026 | 05:31 PM

THE TIMES OF INDIA

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Mumbai doctors developing AI tool to predict gait freezing in Parkinson's patients

TNN / APR 30, 2026, 25:22 IST

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Mumbai City doctors are developing an artificial intelligence (AI)-based tool to predict whether and when a newly diagnosed Parkinson's patient may develop freezing of gait, a common and highly disabling symptom that makes patients feel as if their feet are stuck to the ground.

NEWS मराठी

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महाराष्ट्र भारत आंतरराष्ट्रीय हवामान आरोग्य सोयी शोध लेखी

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ET National

Although cataracts are more common in older adults, specialists are seeing more younger patients than before.



Cataracts in children are usually present at birth or caused by genetic conditions (Getty Images)

4 Min Read

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By Anubha Jain
Published: June 27, 2026 at 10:19 AM IST

Many people believe cataracts are simply a part of growing old. While age is the most common risk factor, cataracts are

INDIAN PHARMA POST

Jaslok Hospital performs advanced robotic surgery to remove early rectal cancer

Robotic TAMIS procedure helps 75-year-old patient avoid rectum removal and permanent stoma, enabling faster recovery and preserving quality of life

By IIP Bureau | June 17, 2026



(L-R) Dr. Samit Jain, Dr. Chetananand Godbole and Dr. Parvasha Chemburkar.

Jaslok Hospital & Research Centre has successfully performed a Robotic Trans-Anal Minimally Invasive Surgery (TAMIS) on a 75-year-old patient diagnosed with a large rectal polyp that was subsequently found to contain early-stage rectal cancer.

THE HealthSite.com

LATEST NEWS DISEASES DIET & FITNESS PREGNANCY



French fries and ice cream.

One of the internet's most popular food combos is dipping hot and salty French fries in cold and creamy icecream. From social media influencers to celebrities many people boast about this unique combination saying the sweet and salty blend is too irresistible. But while the trend might satisfy taste buds healthcare professions say the mix might not be the best for your body when consumed regularly.

mid-day

Home Mumbai Entertainment India World Mumbai

Mumbai doctors give elderly man with large rectal lesion new lease of life with rare surgery

Updated On: 17 June, 2026 07:08 PM IST | Mumbai | mid-day online correspondent

The advanced robotic procedure called Robotic Trans-Anal Minimally Invasive Surgery (TAMIS) enabled complete removal of the cancerous growth without the need for major abdominal surgery, removal of the rectum, or a permanent stoma

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Mumbai doctors remove rare brain-orbit tumour in pregnant woman

Updated On: 26 June, 2026 12:44 PM IST | Mumbai | mid-day online correspondent

The woman came with rapidly increasing swelling of the right eye along with double vision, particularly while looking towards the right side, before she was treated

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LIVE CHAT: Top Doctors Answer Your Biggest Paracetamol Questions - Safe Dosage, Liver Risks & More

Doctors explain safe paracetamol use, correct dosage, pregnancy safety, child dosing, medicine interactions, overdose risks, and common mistakes to avoid.

LIVE CHAT

7 DOCTORS ANSWER YOUR TOP QUESTIONS

Paracetamol Dosage Guide: Top Doctors Answer Safety Questions

Mumbai doctors save life of woman unable to breathe due to massive 20 cm diaphragmatic hernia

13 May 2026 04:50 PM IST | Mumbai | mid-day online correspondent

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The woman had been experiencing persistent breathlessness, which had progressively worsened to the point where even minimal movement became difficult



Image for representational purpose only. Photo Courtesy: File pic

0:00 / 0:00

In a remarkable display of surgical expertise, doctors at a Mumbai hospital have successfully performed a complex, high-risk procedure on a 32-year-old woman diagnosed with a rare giant right sided diaphragmatic hernia.

BBC

NEWS मराठी

सामान्य चर्चा

महाराष्ट्र भारत अंतरराष्ट्रीय हंगाम आरंभ खेळी शीर्ष

पुरुषांसाठी रात्री किती वेळा लघवी 'नॉर्मल'? 2-3 वेळा उठणं धोकादायक लक्षण?



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रात्री स्वप्नीसाठी एकदा उठवून जागृत हे बऱ्याच जणांना सामान्य गोष्ट वाटत असते. त्यासाठी रात्री झोपला जात घाबरून जाऊन असं होतंय असं वाटत असतं. पण हे नियमित जागृत जागृत असं होतंय त्यासाठी प्रत्येक रात्री दोन-तीनवेळा उठवून जागृत

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Before You Take Another Paracetamol, Read This: Doctors Explain the Hidden Risks

Astik Ghosh

Updated Jul 11, 2026 10:00 AM IST

Summary

Paracetamol is generally safe when used correctly, but exceeding recommended doses or combining medications containing it can cause serious liver and kidney damage.

नवराष्ट्र

www.navarashtra.com

शनि, 18 जुलै 2026

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Marathi News » Lifestyle » Jaslok Hospital Robotic Tamis Surge

जसलोक हॉस्पिटलची कमाल! कोणतीही शस्त्रक्रिया न करता 'रोबोटिक' पद्धतीने कर्करोगावर मात

By प्रियंका मुंदिनकेरी

Updated On: Jun 17, 2026 | 05:15 PM IST

THE HealthSite.com

LATEST NEWS DISEASES DIET & FITNESS PREGNANCY

World Liver Day 2026: What's making your liver work harder despite 24/7 detox?

Your liver is not in need of fancy detox plans but you should remember that it requires balance. In some cases less is more to your health.





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