

OCTOBER 2024

PULSE

BY JASLOK HOSPITAL

TRIUMPH AT THE ICC HEALTHCARE EXCELLENCE AWARDS

**Hospital
of the year**



**Best CEO
of the year**



**Best Hospital
in Healthcare delivery**



**Runner-up for
Best Hospital
in Quality Practices**



LAUNCH OF JASLOK HEALTH CENTRE AT CCI



MID-DAY RANKING





OUR MISSION

- ◆ To make Jaslok Hospital the most respected medical institution of India.
- ◆ Providing the highest quality patient care.
- ◆ Nurturing and delivering clinical excellence and research.
- ◆ Doing charity to humanity irrespective of caste, race or denominations.



OUR VISION

To be the hospital of choice for patients, physicians and employees by providing state-of-the-art medical care with compassion and dignity.

LIFETIME OF CARE

A lifetime of care is as much about our 50 years history as it is about the next 50 and many more years. At its core it is the power of providing the highest quality patient care delivered through well-trained team, cutting-edge technology, research, all with a human touch.

To summarise, it is a lifelong commitment from each and every 'Jaslokian' hence a Jaslokian's work is never finished.

EXECUTIVE SUMMARY

MEDICAL ACHIEVEMENTS

EXCEPTIONAL CASES

ACHIEVEMENTS OF DOCTORS

QUALITY MANAGEMENT SYSTEM

HEALTH AWARENESS PROGRAMS

On-ground Health Awareness Programs

Online Health Awareness Programs

AWARDS & RECOGNITION

JASLOK IN NEWS



JASLOK HOSPITAL TRIUMPHS IN COMPLEX & RARE HEART SURGERY FOR PATIENT WITH DWARFISM

'Only 3 cases of aortic valve replacement for Aortic Stenosis in patients with achondroplasia have been reported to date'

Mumbai, India -Jaslok Hospital & Research Centre, is proud to announce the successful completion of a complex aortic valve replacement surgery in a 39-year-old male patient with achondroplasia, highlighting the power of teamwork, innovation, and patient-centered care.

Born with achondroplasia, commonly referred to as dwarfism Mr. Kapil Gala had multiple leg deformities and underwent eight surgeries on his feet to enable independent walking. Employed in the financial industry and managing a family independently, he faced a sudden onset of paraplegia a year ago, threatening his mobility and independence.

Kapil was then admitted under the care of Dr. Raghvendra Ramdasi & Dr. Manish Kothari, spine surgeons & Dr. Nihar Mehta, Associate Director of the Structural Heart Department at Jaslok Hospital.

Kapil was diagnosed with severe aortic stenosis during the pre-operative workup for spinal surgery. His bicuspid aortic valve, a congenital defect, necessitated urgent intervention before any spinal surgery could be considered.

A multidisciplinary team, including Dr. Nihar Mehta (Associate Director - Structural Heart Diseases), Dr. Anand Bhabhor (Additional Director- Critical Care), Dr. Upendra Bhalerao (Consultant-Cardiovascular & Thoracic Surgery), Dr. Rajashree Agaskar (Consultant-Cardiac Anaesthesiology), Dr. Manish Kothari (Consultant Spine Surgery & Endoscopic Spine Surgeon), and Dr. Purnima Shah (Consultant-Neurology & Neuromuscular Specialist), convened to discuss the best course of action. After a thorough review of echocardiograms, blood tests, CT scans, and MRI reports, the team identified several key concerns during the consultation. Kapil's bicuspid valve lacked the necessary calcium for a minimally invasive TAVI procedure. Additionally, contractures and small arteries in his feet made TAVI a less suitable option. His lung function, however, was deemed capable of handling surgery with pre-surgery exercises. Anaesthesia posed significant risks; extending his neck for intubation could lead to spinal compression and quadriplegia. Furthermore, the surgical team



Mr. Kiran, Dr. Upendra Bhalerao, Dr. Rajashree Agaskar, Mrs. Khusbu Gala, Mr. Kapil Gala, Dr Nihar Mehta, Dr. Manish Kothari

faced the challenge of operating without affecting his spine or legs, necessitating continuous monitoring of muscle and nerve signals throughout the procedure.

The team concluded that an open-heart surgery to implant a mechanical (metal) valve, which could last approximately 15-20 years, was the safest and most effective option. Dr. Nihar Mehta performed a coronary angiography to ensure no blockages were present. With careful planning and the use of a flexible video laryngoscope and conscious sedation patient was anaesthetised. The Aortic valve replacement surgery was successfully conducted by Dr. Upendra Bhalerao.

Commenting on this case, Dr. Nihar Mehta said, "Our primary concern was the patient's safety and long-term health. We knew that TAVI was not the best option due to the anatomical challenges. It was crucial to provide a solution that ensured his survival and quality of life. We are delighted that Kapil trusted us and chose to proceed with the open-heart surgery."

Dr. Upendra Bhalerao added, "Performing open-heart surgery on a patient with such unique challenges required meticulous planning and execution. This was high risk surgery and posed considerable technical challenges due to anatomical variations and

neuromuscular deformities. The successful outcome is a testament to our team's dedication and expertise." Dr. Manish Kothari remarked, "It was a complex case, but seeing Kapil recover and regain his mobility is incredibly rewarding. His journey exemplifies the importance of interdisciplinary collaboration in medicine." Jaslok Hospital is honoured to have played a part in enhancing Mr. Kapil's quality of life. This case exemplifies the dedication and compassion of our medical team and reaffirms our commitment to delivering exceptional patient care."

Thrilled Kapil said that " Dr Nihar was like a brother to me who gave me the correct advice of not getting a TAVI done despite being a TAVI specialist to ensure my safety and long-term quality life . Dr Upendra Bhalerao, Dr Manish Kothari, Nurses and entire team of Jaslok Hospital treated me as a family. I am standing so comfortably today is because of the hard work of Jaslok team"

Kapil's surgery was a success. He was off life support within 12 hours, walking with crutches by the second day, and discharged on the seventh day. This case underscores the importance of cohesive, methodical teamwork in achieving optimal patient outcomes. Kapil's positive attitude and trust in the medical team were pivotal to his recovery. He continues to support his family and live a fulfilling life. The new valve will not hinder any future surgeries, including potential spinal surgery to further improve his mobility.

5 LAKH CASES OF CERVICAL CANCER ANNUALLY: JASLOK HOSPITAL HIGHLIGHTS THE LIFE-SAVING IMPACT OF EARLY DETECTION IN PRECANCEROUS STAGE AND ROBOTIC SURGERY

Mumbai, 12th September 2024: Jaslok Hospital & Research Centre has successfully treated Mrs. Asha Makwana, a post-menopausal woman whose life was saved through surgery after a routine health check-up led to her diagnosis. Despite having no symptoms, Mrs. Makwana's daughter persistently encouraged her to undergo a routine examination, which led to the early detection of a precancerous condition, Cervical Intraepithelial Neoplasm Type 3 (CIN 3).

Cervical cancer is a common cancer in females. Cervix is the part of the uterus which gets affected by cancer. In early stages and in precancerous stages it can be easily cured by surgery alone but if detected at advanced stage then the treatment process is more prolonged and toxic in the form of radiation and chemotherapy and in 4th stage it is incurable most of the times. So, it is extremely important to detect it early. The patient first met Dr. Reetu Jain, Director Bone Marrow Transplant & Medical Oncologist who then referred the case to Dr. Vishnu Agarwal.

Mrs. Makwana underwent robotic surgery at Jaslok



Dr. Vishnu Agarwal, Mrs. Asha Makwana, Ms. Pinky Makwana

Hospital by Dr. Vishnu Agarwal, Consultant Surgical Oncology & Robotic Surgery and his team which consisted of Surgeon Dr. Sadashiv Chaudhari and Anaesthetist Dr. Mohit Rohra. The uterus and ovaries were

removed and carefully examined the lymph nodes to ensure there was no disease spread. The advanced robotic surgical technique provided a pain-free and swift recovery, with Mrs. Makwana up and moving the morning after surgery, eliminating the need for an ICU stay. The minimally invasive procedure involved only small keyhole incisions, significantly reducing the risk of complications and leading to a faster recovery.

Dr. Vishnu Agarwal, Robotic Cancer Surgeon at Jaslok Hospital, emphasized the critical importance of routine health screenings, particularly for women over the age of 45. "It was the routine Pap smear that detected the precancerous cells in Mrs. Makwana, which, if left untreated, could have progressed to cervical cancer. Early detection through regular check-ups not only prevented the need for toxic treatments like radiation and chemotherapy but also eliminated the future risk of cervical cancer. Mrs. Makwana's case is a testament to how early detection and advanced surgical techniques can change the course of a patient's life."

Dr. Milind Khadke, Director Medical Services at Jaslok Hospital, remarked, "This case highlights the dual importance of routine health checks and the role of minimally invasive surgery in modern medicine". He further

emphasized that, "early detection through regular screenings not only helps in managing health conditions more effectively but also paves the way for quicker recovery and better patient outcomes."

Jaslok Hospital & Research Centre remains committed to advocating for regular health check-ups, particularly for post-menopausal women, as a preventive measure against serious health conditions. The hospital continues to be at the forefront of utilizing cutting-edge technology, such as robotic surgery, to provide the best possible outcomes for patients.

Approximately 5 lakh cases of cervical cancer are diagnosed annually worldwide, with around 2 lakh women losing their lives to the disease each year. Alarmingly, 70% of these women have never undergone any screening tests that could have detected precancerous lesions and prevented these deaths. Early detection of these lesions allows for effective management through simple treatments or, in some cases, the removal of the uterus, preventing the progression to cancer. This highlights the critical importance of regular screening and early intervention in saving lives.



ACHIEVEMENTS OF DOCTORS



Dr. Vyankatesh Shivane

Awarded Fellowship of Royal College of Physicians UK, FRCP at London

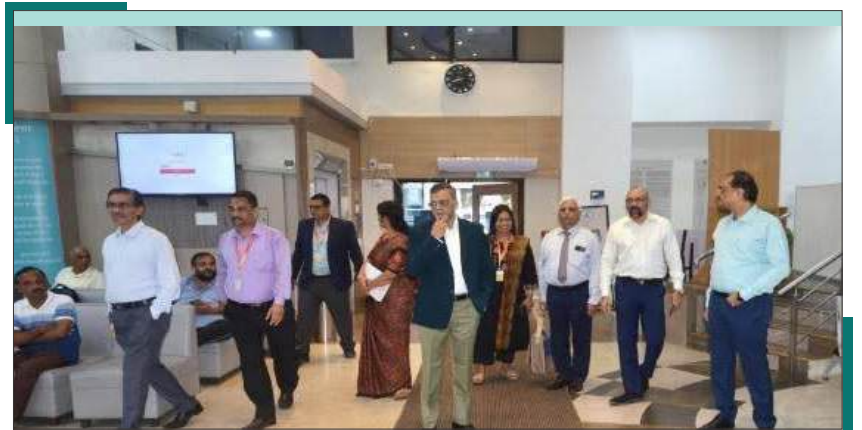


Dr. Preeti Doshi

Only Indian Pain Physician at WSSFN 2024



1. NABH SURVEILLANCE ASSESSMENT DONE ON 23rd, 24th and 25th Aug'24



2. NABH NURSING EXCELLENCE ASSESSMENT DONE ON 20th and 21st Sep'24



GOOD CATCH PROGRAM AWARDS

Month	Award Category	Description	Staff Name	Location
Mar - Apr'24	Top Scorer	Max Incidents Reported	Deepali Dabade	4 th East ICU
	Most Valuable Player	Near Miss	Neuro ICU	Neuro ICU

Month	Award Category	Description	Staff Name	Location
July'24	Top Scorer	Max Incidents Reported	Ashwini Parab	OT
	Most Valuable Player	Near Miss	Halunde Prachi Rupesh	13 th Floor

Month	Award Category	Description	Staff Name	Location
Sep'24	Top Scorer	Max Incidents Reported	Suchitra Gurav S.	5 th South ICU
	Most Valuable Player	Near Miss	S Brema	5 th South ICU



ON-GROUND HEALTH AWARENESS PROGRAMS

Health talk on organ donation by Dr. Pinank Pandya and Dr. Ashay Shingare at NPCIL (Anushakti Nager)



Health talk on organ donation by Dr. Anand Bhabhore and Dr. Pravin Agrawal at NPCIL (Boiser)



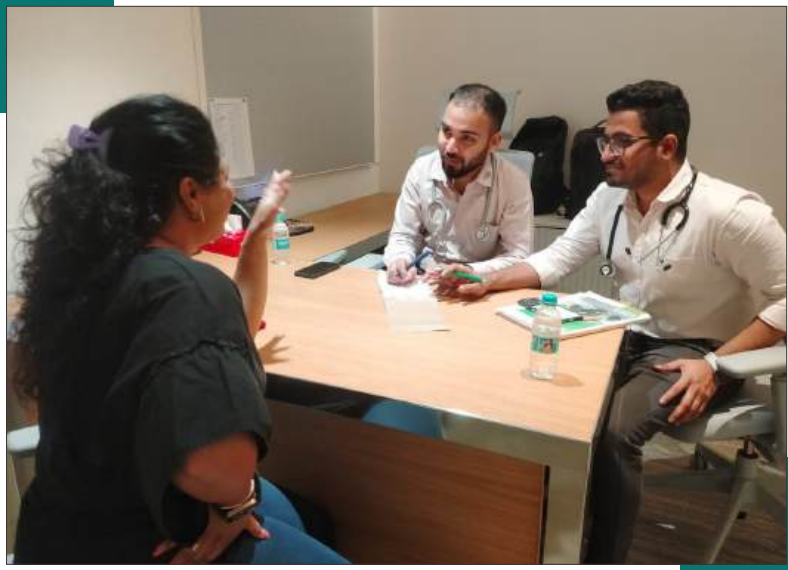
OPD of Dr. Pravin Agrawal at Mahindra and Mahindra
No of Patients: 8



Varicose vein OPD conducted by Dr. Shoaib Padaria at Mazgaon Dock
Total number of patients seen: 16
Total Varicose veins leads: 12
Admissions planned: 7



**Health Check-up camp with eye screening and dietitian consultation
at Jindal Mansion
No of Beneficiaries: 90 Employees**



Health Check-up camp at Central Bank of India (Head Office) No of Beneficiaries: 126 Employees



PCOD

In celebration of PCOD Awareness Month, Jaslok Hospital organized a series of engaging activities aimed at educating the community about Polycystic Ovary Syndrome (PCOS), promoting healthy lifestyle choices, and fostering a supportive environment for those affected by this condition. The three-day event featured a quiz competition, a comprehensive analysis session, and a vibrant health food festival.

23rd September: Kick-starting the event, the first day featured an interactive quiz competition centered on PCOS awareness. Participants were invited to test their knowledge on various aspects of PCOS, including symptoms, treatment options, and lifestyle management.

24th September: The second day focused on Body Composition Analysis (BCA) and featured another quiz competition. Attendees had the opportunity to gain insights into their health metrics and how they relate to PCOS management.

25th September: The final day culminated in a vibrant Healthy Food Festival, showcasing various healthy food suppliers with variety of delicious food choices to maintain good health. This event aimed to promote nutritious eating as a critical component of managing PCOS.

The three-day PCOD Awareness Month event was a resounding success, filled with knowledge, engaging activities, and delicious healthy food options benefitting nearly 300 individuals.

Participants left with a better understanding of PCOS, practical tools for managing their health, and a sense of community support.

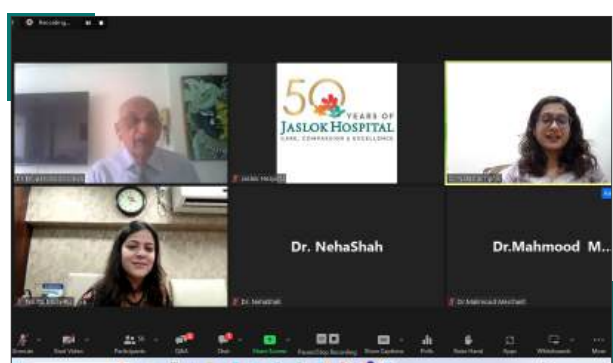
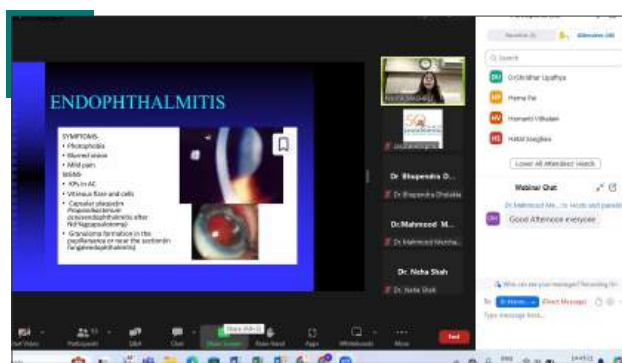
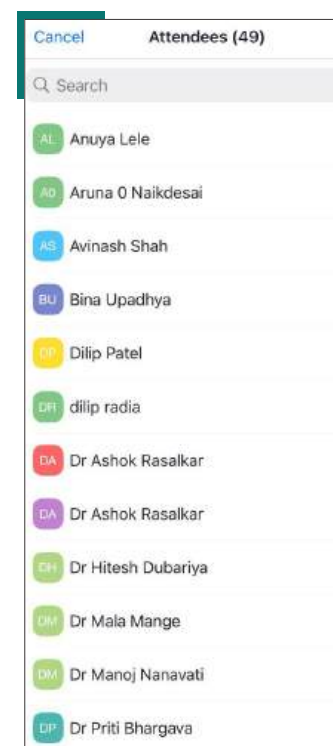


ONLINE HEALTH AWARENESS PROGRAMS

Sr. No.	Consultant	Specialty	Date	Attendees
1.	Joy Desai	Neurology	7/4/2024	72
2.	Sudeshna Ray	Obstetrics & Gynaecology	7/18/2024	59
3.	Natasha Tipnis	Neurology & Epilepsy	7/25/2024	64
	Suhani Shah	Paediatric Neurology		80
4.	Vinaya Bhandari	Neurology & Neuromuscular	8/1/2024	
5.	Manish Kothari	Spine Surgery	8/8/2024	66
6.	Nikita Mashru	Ophthalmology	8/22/2024	58
	Natasha Tipnis	Neurology & Epilepsy		
7.	Sudheer Ambekar	Neuro Surgery	8/29/2024	54
8.	Paresh Naik	ENT	9/5/2024	60
9.	Natasha Tipnis	Neurology & Epilepsy	9/19/2024	47
10.	Azad Irani	Neurology	9/26/2024	81
Total				641

GPA Committee:

Dr. Bhupendra Dholakia, Dr. Suresh Agrawal, Dr. Nitin Shah, Dr. Leena Bhagat, Dr. Bharat Bhatt, Dr. Deepak Kriplani, Dr. Ashok Rasalkar, Dr. Neha Shah, Dr. Sunita Manglik, Dr. Hemant Patel, Dr. Narain Brijwani, Dr. Nitin Barve, Dr. Vibhakar Adhvaryu & Dr. Reshma Bansode



HEALTH AWARENESS ACTIVITIES IN COMMUNITY

COLLABORATION WITH VARIOUS PRESTIGIOUS CLUBS & COMMUNITIES

 **National Sports Club of India - Worli**

 **Malabar Hill Club**

 **Rajendra Yuva Manch**

 **Jainsite**

 **Arihant Young Group**

 **Palanpur Samaj**

 **Lunawa Helping Hands**

 **Shree Bisa Nagda Jain Samaj**





Health Check-up at Mohammed Haji Saboo Siddik Polytechnic Mumbai



Health Talk at Mohammed Haji Saboo Siddik Polytechnic Mumbai





Health Check Up, Blood Donation & CPR Awareness at Vaidya Wadi, Charni Road East

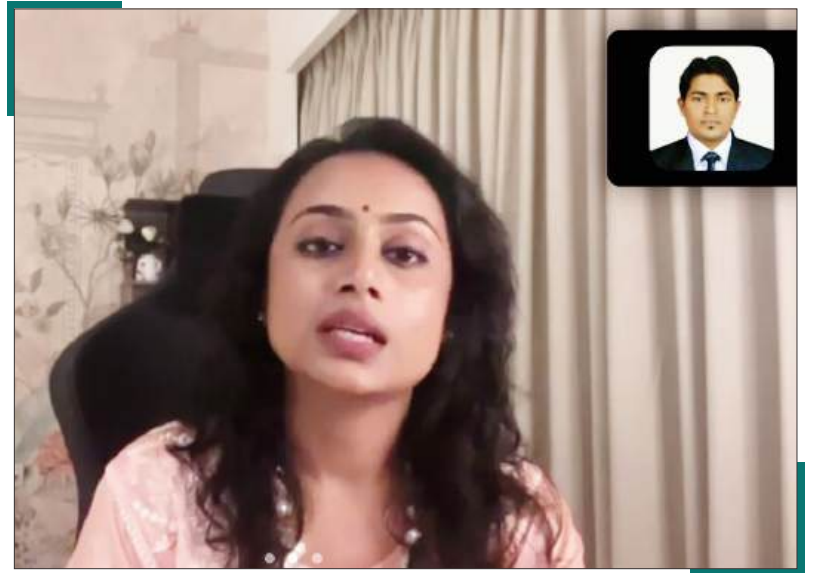


Health Partner at NSCI





Health Check-up at Shree Akhil Gulalwadi



Health Talk at Gujrati Gaurav foundation



Health Check-up at Disha Foundation, Worli



HOSPITAL OF THE YEAR



**BEST HOSPITAL IN
HEALTHCARE DELIVERY**



BEST CEO OF THE YEAR



**RUNNER-UP FOR BEST HOSPITAL
IN QUALITY PRACTICES**



BEST MULTISPECIALTY HOSPITAL IN MUMBAI AND SOUTH MUMBAI





Jaslok Health Centre

Now At CCI Premises

For CCI Members & Staff Only

Multi-Speciality OPD

Cardiology	Dr. Rahul Chhabria (Tues, 3 pm - 4 pm)	Obstetrics & Gynaecology	Dr. Sudeshna Ray (Tues, 12 pm - 1 pm)
Diabetology & Endocrinology	Dr. Shaival Chandalia (Fri, 4 pm - 5 pm)	Orthopaedics	Dr. Ameet Pispati (Mon, 2 pm - 3 pm)
General Medicine	Dr. Geeta Makhija (Tues, Wed, Thurs, 3 pm - 4 pm)	Orthopaedics	Dr. Jashan Vishwanath (Thurs, 2 pm -3 pm)
General & Laparoscopic	Dr. Snehal Bhange (Sat, 1 pm - 2 pm)	Paediatrics	Dr. Atique Ahemad (Wed, 12 pm - 1 pm)
Geriatric Medicine	Dr. Prem Nagnath (Wed, 10 am - 11 am)	Paediatrics	Dr. Shehla Kazi (Wed, Thurs, 10 am - 11 am)
Neurology & Neuromuscular	Dr. Vinaya Bhandari (Wed, 4 pm - 6 pm)	Psychology	Dr. Ruchi jain (Tues, 1 pm - 3 pm)
		Nutrition	Ms. Sonal Chandalia (Fri, 11 am - 12 pm)

Sports Medicine

Dr. Prasad Bhagunde (Sat, 1 pm - 2 pm)

ECG

Sugar Monitoring

Blood Pressure

Pathology

Laboratory Sample Collection (Daily, 8 am - 10 am)

Medical Officer
 Daily 10 am to 6 pm



The Cricket Club of India Ltd.
 Stadium House, Block-3, Ground Floor, Near Gate No.9,
 Veer Nariman Road, Churchgate, Mumbai-400020.



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Unlock faster stroke recovery: Critical role of physiotherapy you didn't know

By Zarafshan Shiraz · New Delhi

Sep 14, 2024 05:04 PM IST

Read this news in brief form

Could physiotherapy be the secret to full stroke recovery? Experts answer

Festival of Gifts

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INDIA NEWS

China rapidly building infrastructure along LAC, India upgrading too: IAF chief

Updated 17 mins ago

Sleeptember 2024: What is period insomnia all about and why is it the new wellness buzzword

By Shweta Sunny

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Why high-intensity exercise can help you recover faster from stroke

Daughter's push for check-up saves mother's life

Elderly woman underwent a robotic-assisted hysterectomy at Jaslok hospital last month and has since been in stable condition

ESHAN KALYANIKAR
eshan.kalyanikar@ind-sty.com

FOR the first time in his 15-year career, a cancer surgeon successfully treated a 65-year-old woman patient on the brink of cervical cancer—just six months from a diagnosis—thanks to her insistence on a routine check-up.

The woman underwent a robotic-assisted hysterectomy at Jaslok hospital last month and has since been stable. "She was in the pre-cancer stage (cervical intraepithelial neoplasia grade 3) and had no symptoms. Had she waited a few more months, she would likely have had postmenopausal bleeding and other signs of cervical cancer," said Dr Vishnu Agarwal, the robotic cancer surgeon who treated her.

Typically, patients visit doctors either in very early stages, where medication may be sufficient, or after cancer has

developed, requiring more aggressive treatments like surgery, radiation, or chemotherapy, which often offer less chance of a cure. In this case, she was cured because the disease was caught early, said the doctor.

"We went for robotic surgery given her age it is minimally invasive and allows for faster recovery. Open surgery and laparoscopic options are available, but they involve longer recovery periods, with patients usually hospitalised at least for a week depending on the case," Dr Agarwal said.

The patient had initially consulted a bone marrow transplant and medical oncologist, who then referred her to Dr Agarwal. Before that visit, the woman had not seen a gynecologist for at least two or three years. Dr Agarwal said that this case is a reminder for routine checkups and that cancer is far more curable when detected early. Cervical cancer remains one of the most common cancers in women, with around five lakh new cases diagnosed globally each year, of which two lakh result in death.

According to Dr Agarwal, many of these women never underwent the screening tests that could detect precancerous lesions and prevent these deaths.

'We went for robotic surgery given her age, it is minimally invasive and allows for faster recovery.'

Dr Vishnu Agarwal, cancer surgeon at Jaslok hospital



(From left) Robotic cancer surgeon Dr Vishnu Agarwal, patient Asha Makwana and her daughter Pinky

5LAKH
No. of women diagnosed with cervical cancer every year



Jaslok in news

चेहऱ्याच्या दुर्मीळ आजारावर मुंबईत यशस्वी उपचार!

अमरावतीच्या महिलेला तोंडात जाणवत होते विजेचे धडे

मुंबई : पुवारी सूनवेसा अमरावती येथे राहणारी ५६ वर्षीय महिला गेल्या ५ वर्षांपासून बोलणे किंवा हसणेही विस्कळी होती. चेहऱ्याच्या मज्जातंतूंची संबंधित दुर्मीळ आजाराने झट असलेल्या या महिलेवर मुंबईतील जसलोक रुग्णालयात यशस्वी उपचार झाले. असून त्यांच्या चेहऱ्यावर हसू उमटले आहे, या दुर्मीळ आजारामुळे महिलेला तोंडात विजेच्या धक्क्यासारखे धडे जाणवत होते. त्यामुळे तिला बोलता किंवा हसता येत नव्हते, इनकेष नव्हे, तर नीट येवढाही येत नव्हते. या दुर्मीळ आजाराला बळी पडलेली ही महिला भारतीय पॅथिनी रुग्ण तर आहेच, पण या आजाराची पहिली शस्त्रक्रियाही भारतात झाली आहे.

अमरावती येथील रहिवासी असलेल्या किरण अस्पृश्यता २०१९ पासून चेहऱ्याच्या दोन्ही बाजूंचा असह्य वेदना होत होत्या. ही वेदना किरणेक माझे चालली. या वेदनेदून आराम मिळाय नव्हतून

माहितेने अमरावती, नागपूर आणि मुंबईच्या अनेक रुग्णालयांमध्ये उपचार घेतले, पण ओषधे कुचकामी ठरली. किरण यांनी सांगितले की, वेदना केवळ खाताना किंवा बोलतानाच नव्हे, तर सोसाट्याच्या वाऱ्यांही मूक व्हायच्या. असलेक रुग्णालयाचे कन्सल्टंट न्युरो सर्जन डॉ. रायबेंद्र रामदासी यांनी सांगितले की, रुग्णाची पामआस्राय तपासणी करण्यात आली. तपासनादरम्यान, महिलेला द्विपक्षीय ट्रायजेमिनल न्युराजिजियाचा थाम असल्याचे आढळून आले. ट्रायजेमिनल न्युराजिजिया हे व्यक्तीच्या ट्रायजेमिनल नस्र्वर तक्रवाहिनी दाबल्यामुळे होते. हे बळगंठराने मज्जातंतूला नुकसान पोहोचवते आणि ते योग्यरित्या काम करण्यापासून प्रतिबंधित करते. त्यांनी सांगितले, की या आजाराला महिलेच्या चेहऱ्याखरील नसा एकमेकांवर आघातहित झाल्या होत्या. याशिवाय या दोन्ही नसांचा लेपणी खराब झाला होता. त्यामुळे महिलेला वेदना होत होत्या.

आत्महृत्येचाही विचार केला
असह्य वेदना टाळण्यासाठी किरण या उन्हाळ्यासाठी रंड्या बंद ठेवत. परिस्थिती अशा टप्प्यावर पोहोचली होती की, या दुःखापासून वाचण्यासाठी त्यांनी आत्महृत्या करण्याचा विचारही केला. त्यांची प्रकृती पाहून कुटुंबीयांनी त्यांना जसलोक रुग्णालयात उपचारासाठी आणले. येथे आजाराने निदान झाल्यानंतर डॉक्टरांनी त्यांच्यावर शस्त्रक्रिया करून त्यांना दुःखापासून आराम दिला.

भारतातील पहिलेच प्रकरण
डॉक्टरांच्या मते, प्राथमिक द्विपक्षीय ट्रायजेमिनल मज्जातंतूवेदना हा एक आणखी दुर्मीळ आजार आहे. त्याची संभाव्यता केवळ ०.६ टक्के ते ५.९ टक्के आहे. वैद्यकीय इतिहासात आतापर्यंत असे केवळ २४ रुग्ण आढळून आले आहेत. त्यापैकी एकही भारतीय नाही. किरण यांची केस ही भारतीय पॅथिनीच केस आहे. त्यामुळे द्विपक्षीय एपिस्त्रीडी करण्यात आली आणि रुग्णाला वेदनापासून पूर्ण आराम मिळाला.

मेंदूच्या दुर्मीळ आजारावर यशस्वी उपचार देशात पहिलाच रुग्ण ; चेहऱ्याच्या नसांमध्ये असह्य वेदना

शाखात सुसुधेक



मुंबई, ता. २४ : पयाला प्रयाय केवळ सुखीत आजार आढळून आला आहे. या आजाराने प्रथम रुग्ण पाहण्यात आलेल्या असून, त्याच मुंबईतील रुग्णालयात उपचार करण्यात आले. रुग्णाच्या ट्रायजेमिनल नस्र्वरच्या 'उपचार हा आजार वेदनी संबंधित आहे. त्यामुळे चेहऱ्याच्या मज्जातंतूवरून असह्य वेदना होत असल्याचे डॉक्टरांचे म्हणणे आहे. आजारक रुग्णाच्याच एक महिलेच रूपाने केले गेले.

असे केले उपचार अशा आजाराला ०.६ टक्के प्रकल्पनाते, रुग्णांसाठी सुदृढीत तिला त्याच्या मूल अशा आजाराला उपचार केले आहे. या महिलाक कायबेजिजिया, मॅग्नेटिक रेनोइडिया, टॉरिग्लोट वसावली औषधे आराम देऊ शकतात. परंतु मज्जातंतू कुंभुजना ठोकलेल्या हे सुनंय मान्य उपचार आहे. या शस्त्रक्रिया अतिशय एक ट्रेव्हलून स्पंज शिरा अति दाब्याहिनी दरम्यान ठेवला जरी. अशी पहिली उपचार करण्याचे डॉक्टरांच्या टोपणे ठरले.

आत्महृत्या करण्याचा विचार
महिला रुग्णात प्रथम वेदने होत होत्या की, तिने अनेक डॉक्टरांशी विचारही केला होता. दरम्यान, तिला मुंबईतील अजमेक रुग्णालयात पळण्यात आले. ही शस्त्रक्रिया अतिशय एक ट्रेव्हलून स्पंज शिरा अति दाब्याहिनी दरम्यान ठेवला जरी. अशी पहिली उपचार करण्याचे डॉक्टरांच्या टोपणे ठरले.

०.६ ते ५.९ टक्के लोकांमध्ये आजार
प्राथमिक द्विपक्षीय ट्रायजेमिनल न्युराजिजिया हा एक अत्यंत दुर्मीळ आजार आहे, जो केवळ ०.६ ते ५.९ टक्के लोकांमध्ये प्रचलित करतो. आजपर्यंत अशी केवळ २४ प्रकरणे वैद्यकीय नोंदीत नोंदीत आहेत, त्यापैकी एकही भारतीय नाही. हे प्रकरण भारतीय पॅथिनीच आहे. रुग्णाचे कायबेजिजिया एपिस्त्रीडी करून रुग्णाला वेदनापासून आराम मिळाला.

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Disease Profile

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Diagnosing CIDP early is crucial for timely treatment & preventing potential nerve damage: Dr Vinaya Bhandari

Shardul Nautiyal, Mumbai
Thursday, August 22, 2024, 08:00 Hrs [IST]

Diagnosing chronic inflammatory demyelinating polyneuropathy (CIDP) early is crucial for initiating timely treatment and preventing potential nerve damage, cautions Dr Vinaya Bhandari, neurology & neuromuscular specialist, Jaslok Hospital & Research Centre, Mumbai.

He further informs that with advancements in diagnostic techniques such as nerve conduction studies and electromyography, healthcare professionals can identify CIDP at its onset, allowing for prompt intervention. It's important to remember that CIDP is a treatable neuropathy, and early diagnosis offers individuals the opportunity for effective management, improved quality of life, and better long-term outcomes.

गुंतागुंतीची हृदय शस्त्रक्रिया यशस्वी

जसलोकच्या डॉक्टरांना यश; एकाच वेळी आठ उपचार

मुंबई, ता. ३० : जसलोक हॉस्पिटलच्या स्ट्रुक्चरल रुग्णालयामध्ये एका अर्जन्टोव्हालीयाने पीडित ३९ वर्षीय पुरुष रुग्णावर गुंतागुंतीची एअरॉटिक ज्वाळ्व्ह रिफ्लेसमेट शस्त्रक्रिया यशस्वीरित्या पूर्ण करणारा डॉक्टरांना यश आले आहे. अर्जन्टोव्हालीया म्हणजे ग्याला ब्रुटकेपणा म्हणतात, तो विकार वेदना बनलेल्या कपिल शाला यांना त्यांच्या पायात अनेक विकृती होत्या. त्यामुळे

त्यांना स्वतंत्रपणे चालता यावे, यासाठी स्वतंत्र आठ शस्त्रक्रिया करण्यात आल्या. या त्रासामुळेच कपिल यांना स्याहून सर्जन डॉ. मनीष कोठारी, डॉ. रायबेंद्र रामदासी, तसेच जसलोक हॉस्पिटलच्या स्ट्रुक्चरल हृदयविकार विभागाचे डॉ. निहार मेहता यांच्या देखरेखीखाली ठेवण्यात आले. पाठीच्या कण्याची शस्त्रक्रिया करण्याआधी त्यांना गंभीर स्वरूपाचे एअरॉटिक स्ट्रेनासिस झाल्याचे निदान

झाल्याने त्यांच्यावर तातडीने उपचार करणे गरजेचे होते. कपिल यांच्यावर शस्त्रक्रिया करताना अनेक शारीरिक अपाच दिसून येत होते. त्यातच पायातील कॉर्टिकलस आणि लहान धमन्यांमुळे ही प्रक्रिया गुंतागुंतीची झाली होती. कपिलवर शस्त्रक्रिया करताना अनेक समस्या येत असल्यामुळेच डॉक्टरांनी मेकॅनिकल व्हॉल्व्ह डम्पस्टोट करण्यासाठी ओपन हार्ट सर्जरीचा पर्याय निवडला.

शस्त्रक्रिया झाल्यानंतर डॉ. निहार मेहता यांनी सांगितले की, हा व्हॉल्व्ह अंदाजे वीस ते पंचवीस वर्षे चालू शकतो. या उपचारपद्धतीमध्ये डॉ. खंडेरा पातेरवार यांनी एअरॉटिक व्हॉल्व्ह रिफ्लेसमेट शस्त्रक्रिया यशस्वीरित्या केल्यामुळे बारा तासाआधी त्यांचा सर्पोट दूर करण्यात आला. दुसऱ्या दिवशी ते कुबड्यांच्या मदतीने चालू शकत होते आणि सातत्या दिवशी त्यांना घरी सोडण्यात आले.



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